



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

3rd-5th Grade Boys/Girls Competition Workout

Location: Avera Sports Center (85th & Minnesota)

Cost: \$165 *Payment is collected online at time registration.*

Athletes will receive a Warwick Workout Shorts & T-shirt

The 30-30-30 workout is a competitive workout that focuses on skill development work needed to be a great ball handler, shooter, and scorer, drills that incorporate those skills and competitive play situations at the end of the workout to apply what was taught in live 1-1 and 2-2 situations.

Sunday, September 20 th	2:15-3:45 pm
Sunday, September 27 th	2:15-3:45 pm
Sunday, October 4 th	2:15-3:45 pm
Sunday, October 11 th	2:15-3:45 pm
Sunday, October 18 th	2:15-3:45 pm
Sunday, October 25 th	2:15-3:45 pm

Register online at www.warwickworkouts.com

Find your session under the register HERE tab

Contact Kris Warwick or Garrett Callahan with questions about workouts
Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris) or (815) 545-9634 (Garrett)

WHERE CHAMPIONS TRAIN.